

A Minister's Emotional and Spiritual Well-being

1. We are _____ beings.
 - a. Not heal ourselves
 - b. Not focus enough to solve all of our own problems

2. We are miraculously made—_____, _____,
_____.
 - a. _____ in one area will affect all areas.
 - b. You only have so much _____. You only have
so much you can _____.

3. Before you are a minister, you are a _____.
 - a. We often are not at _____ within ourselves
Psalms 85:10, Isaiah 32:17, James 3:18
 - b. Be _____
 - c. _____
 - i. It is not "Blessed are the _____"
it is _____.
 - ii. Matthew 18 principle, go and _____ peace

4. Be _____ with yourself.
 - a. Know when you are going into _____
 - b. The Bible has a lot to say about being _____,
but also has a lot to say about _____

5. _____
 - a. There is nothing that can replace _____.

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6. Be careful with _____
 - a. main areas
 - i. Affects _____
 - ii. Oxytocin— _____ \ _____ \ _____
 - iii. Ability to _____
7. Speak in _____
 - a. I Corinthians 14:4, Jude 1:20, I Corinthians 14:5, I Corinthians 14:18

RECAP:

1. You are first a _____
2. Be _____ with yourself
3. _____
4. Be careful with _____
5. Speak in _____